

Breakfast

Selection of Fruit Juice
Red & Green Apples
Oranges
Seasonal Fruit
Speciality Coffees
Hot Chocolate
Speciality Tea

Frosties
Fruit & Fibre
Weetabix
Coca Pops
Rice Krispies
Malt Crunchies

Morning Rolls
Toast with
Preserves/Spreads
Natural Yoghurt
Honey
Fruit Coulis
Grapefruit Segments

Grilled Bacon
Baked Beans
Grilled Tomatoes
Boiled Eggs

Lunch

Salad Bar
Mixed Leaf Salad
Tomato
Cucumber
Coleslaw
Pasta Salad
A selection of Dressings

Hot Counter
Roasted Tomato And Red
Pepper Soup
Petit Pain Rolls
Baked Potatoes
Baked Beans
Beef Hash

Fruit and Dessert Bar
Natural Yoghurt
Fruit Yoghurt
Fresh Fruit Salad
Whole Fruit
Chocolate Banana Trifle

Hot Counter
Chicken and leek Pie
Scotch Pie
Mashed Potatoes
Mixed Vegetables
Pasta Neopolitan

Dinner

Hot Counter
Roasted Tomato And
Red Pepper Soup
Petit Pain Rolls
Baked Potatoes
Baked Beans
Beef Hash

Hot Counter
Penne Pasta
Bolognese
Garlic Mushroom sauce
Garlic Bread
Parmesan
Ground Black pepper

Fruit and Dessert Bar
Natural Yoghurt
Fruit Yoghurt
Fruit Coulis
Fresh Fruit Salad
Whole Fruit
Fruit Jelly and Cream

Salad Bar
Mixed Leaf Salad
Tomato
Cucumber
Coleslaw
Mexican rice Salad
A selection of Dressings